



BRIDGE HOUSE

PRE-PRIMARY · PREPARATORY · COLLEGE

SUN AWARENESS POLICY

Created: C Storey

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PREAMBLE:

Sun damage is a serious issue which is easily ignored, because the results of exposure at a young age will usually only become apparent much later in life. It is therefore easy for schools to say that this is not their problem. We believe that to ignore sun damage would be to act irresponsibly. A continual process of education of our parents, teachers and students must take place.

GENERAL:

All teachers should avoid placing students in positions where children are unnecessarily exposed to the sun, particularly at high risk times of the day.

All staff should endeavour to lead by example in the area of sun awareness, by wearing hats and caps themselves.

The school will provide as much shade as possible on the campus, by the erecting of physical shade structures, by planting shade trees and providing shade at outdoor events. Parents are encouraged to bring umbrellas to large scale outdoor events.

The application of good quality, high factor, sunscreen creams and sprays is encouraged. The onus rests with the parent to provide sunscreen products for their child. The school will not be obliged to provide sun creams. However, the sports department will have sunscreen cream available, where possible. The school cannot be held liable for any allergic reactions that may occur when using creams supplied by the school.

PREP SCHOOL:

1. We aim to actively create an awareness of the sun and the damage that it can cause.
2. The wearing of hats is encouraged during break times.
3. Hats are to be worn when classes are involved in activities which take place outdoors. This will include physical education and outings.
4. Hats are to be worn during sport in the afternoons where these activities take place outside.

5. All children are to have a hat at school at all times, clearly marked with their names. This has to be enforced or points 2; 3 and 4 will not be possible.
6. Second Skins are compulsory in the lower grades. If a child does not have a Second Skin they may wear a T-shirt while swimming.

COLLEGE:

1. Age appropriate applications of the above rules should apply wherever possible.
2. College teachers are expected to continue the sun awareness education process. Sports coaches have a particular responsibility in this regard.